# A PATH GUIDE

OF

# MOUNT DESERT ISLAND MAINE

TO BE USED IN CONNECTION WITH THE OFFICIAL

# PATH MAPS

COMPILED BY '

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PUBLISHED BY

# THE VILLAGE IMPROVEMENT SOCIETIES

OF

Bar Harbor, Seal Harbor, Northeast, and Southwest Harbor

1915



W. H. SHERMAN, PRINTER BAR HARBOR, MAINE 1915 To the various subscribers to the Village Improvement. Societies of the Island and to lovers of the beautiful in the many trails described this little book is dedicated.

September-1915.

# INTRODUCTORY

The paths and trails are maintained by the Bar Harbor, Northeast Harbor, Seal Harbor and Southwest Harbor Village Improvement Associations, whose entire income is received from voluntary subscriptions, and users thereof are urged to help in the work by sending contributions to the Path Committees of the Associations.

Since the paths and trails cross private properties, the owners of which may at any time exercise their legal right to close them to the public, the law in regard to setting fires should be strictly observed, and great care should be taken to remove all remnants of luncheons, to avoid the breaking of bottles, the uprooting of plants, barking of trees, and doing injury of any kind. Fires if set should be near water and all live embers should be extinguished before the place is left.

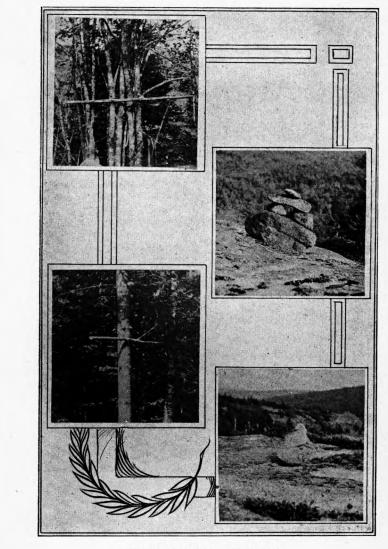
This guide makes no attempt to be complete, but rather to indicate the many combinations of trails and water trips that the path map makes possible, which new visitors to the island might otherwise overlook.

Walks in the woods are enjoyable in fogs and light rains, being more protected than the open roads.

SUGGESTIONS—Times given are only approximate, for a small party of adults and allowing no time for long stops. It is strongly urged that until accustomed to climbing, walkers go at a very moderate pace, more slowly at the start, with frequent rests on the steeper paths; and that the beauties of the excursions can be fully enjoyed only when ample time is given for stops on open hill tops or by the brooks. Time for such delays must be added to those given in this guide.

A study of the map will show that the mountains in general run north and south, with long gradual slopes to the south, and steep sides to east and west. The easiest trails, therefore, ascend from the south ends, while the trails from east or west are shorter but often quite steep.

The paths are marked at their entrances and crossings by signs suitably inscribed, by rustic arrows cut from bushes, and by "cairns," i. e., piles of stones. Arrows are used chiefly in the woods, and cairns along the open rocks and ledges. It is particularly requested that none of these be altered in any way, but that suggestions for changes in wording, or location, be sent in writing to the Path Committees.



**RUSTIC ARROWS AND CAIRNS** 

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# **BAR HARBOR**

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The paths on Newport Mountain are distinguished by various colors painted on trees or on small metal signs inserted in the latter. The two longest paths, the one running from north to south along the highest ridge of the mountain, the other extending along its eastern base are called the Black Path and the White Path respectively; and the three principal paths which connect the White Path with the Schooner Head Road bear the names of the three simple colors-Red, Blue and Yellow. The short path running southward from the Bowl is called the Brown Path, and may be considered as a continuation of the Black Path although they do not join directly but are connected by the Green & White Path. The other paths bear double color names which in most cases have some reference to the colors of the paths with which they connect-thus the Black & Blue, the Black & White and the Green & Black all join the Black Path; and the Green & White, the Yellow & White, the Blue & White, and the Red & White all come over or down the mountain into the White Path. The Red & Yellow, connecting the White and Black Paths, and the Orange & Black, which runs parallel to the White at a higher level, form exceptions to the rule.

1 Great Hill—Ascent either from Woodbury Park or from Cleftstone Road in 15-20 min.; there is a fine view half way up where the paths meet. From the summit, which does not afford any view, two paths descend in 10 min. to the Bracken Path (2) and to the Champlain Road (and Duck Brook, 3).

2 Fawn Pond and Lake Wood—Through Mount Desert Street and Eagle Lake Road to beginning of Cleftstone Road 30 min.), entering which turn to left into the Bracken Path. After 10 min. leave the latter and the path going up Great Hill to the right and continue along Fawn Pond Path. In 10 min. cross Champlain Road, 25 min. Half Moon Pond on right, 5 min. cross Breakneck Road. (One can drive as far as this point.). Continue on the path, at first in the bed of the Hulls Cove Brook; 20 min. on right path to Witch Hole, in 10 min., \*Fawn Pond. Continue on to the northern end of \*Lake Wood for 20 min.; from here, keeping to the right, in 30 min. to Hulls Cove. Carriages can come as far as Lake Wood. For pedestrians it is preferable to return the same way as far as the path to Witch Hole, by which Eden Street can be reached at Duck Brook in about one hour from Lake Wood.

**3 Duck Brook**—The path begins at Eden Street and follows the brook for about 20 min. to Champlain Road, from which Woodbury Park can be reached in 15 min. Also by the same route as that to Fawn Pond (2), continuing along Bracken Path from the point where it joins the Fawn Pond Path for 8 min., then to right for 10 min., take path to left, cross Champlain Road and enter Duck Brook Path.

4 Witch Hole—Same route as to Fawn Pond as far as Half Moon Pond. Just beyond the latter take path to the right; after 10 min. enter path coming from Fawn Pond, in 3 min. \*Witch Hole (large pond). Either continue on the path leading to Duck Brook and Eden Street (15 min.), or make the circuit of the pond and join the same path further on (15 min. longer).

Starting from Woodbury Park one can ascend Great Hill, descend on the other side to Bracken Path, walk to Fawn Pond and Lake Wood, and return by Witch Hole and Duck Brook in about three hours and a half.

5 The Ovens—Along Eden Street and the Bay Drive to Hulls Cove; up the steep hill just beyond the latter and take the fifth entrance to the right. (Carriage road). About 3 hours.

6 Kebo Mountain—Up Mount Desert Street and Kebo Street, cross Cromwell Harbor Road and along Harden Farm

Road. Take first path on right just beyond the bridge. About 40 min. to the top from the village. Or go up Eagle Lake Road to the Golf Club and take path on the other side of Cromwell Harbor Road. Descend to Mount Kebo Spring, Great Meadow and Sieur de Monts Spring (see below), or to Kebo Brook and back to the Golf Club.

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7 Sieur de Monts Spring, Wild Gardens Path, Kane Path. Kurt Diederich's Climb. and Beachcroft Path-Follow the Harden Farm Road for 10 min. (on right Mount Kebo or Red Rock Spring) a little further branch off to left into the Wild Gardens Path; or take the Wild Gardens Path where it begins on the Gorge Road, a few minutes beyond Cromwell Harbor Road: 35 min. by either route to Sieur de Monts Spring. It can also be reached by the path along the foot of Kebo Mountain. Either keep on the Wild Gardens Path (to the left) or take the path running straight ahead along the foot of Dry Mountain to the beginning of the Kane Path, turn to the left, cross the Gorge Road, ascend steps on the other side and join the Beachcroft Path: either way about 10 min. To the right up Little Meadow Hill; 5 min. on right Beachcroft Path continues up on Picket Mountain (see below), then down to the Bicycle Path and through the Nurseries to the village.

The Kane Path is reached either, as above, from Sieur de Monts Spring, or from the Gorge Road; it extends for 15-20 min. along the foot of Dry Mountain to the beginning of the Ladder Path (14 c).

Kurt Diederich's Climb leads from the northern end of the Kane Path to the Sieur de Monts Crag about half way up the eastern face of Dry Mountain with a fine view; it then descends and comes out on the road a little beyond the Sieur de Monts Spring. A path leading from the crag to the top of the mountain is projected. (About 50 min.)

The Beachcroft Path, starting from the steps on the Gorge Road and forming for the first couple of hundred feet a portion of the Wild Gardens Path, from which it separates at the top of Little Meadow Hill, leads to a fine view near the

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top of Picket Mountain in about 30 min. A scramble through the woods brings us to the top of Picket Mountain; a path is projected. Descend by the Black & White Path to the Bicycle Path.

8 Schooner Head and Sand Beach (Great Head)— Down Main Street, in 20 min. Mount Desert Nurseries (detour of 10 min. leading out again through the Nurseries to road—now Schooner Head Road), along path to right of the road in 40 min. to \* Schooner Head (private property). On the southern shore of the promontory is \* Spouting Horn, a remarkable cleft in the rocks, reached from the road by passing along the southern beach of Schooner Head. A few minutes to the south of Schooner Head, following the rocks on the shore, we come to \*Anemone Cave.

The forest path ends at Schooner Head; following the road, we come in 15-20 min to a path leading over \* Great Head (private property, open to the public). At southern end of Great Head path descends to \* Sand Beach, also private property, crossing which we ascend to the high road. Time from the village 1 hour 45 min.; the Ocean Drive begins here. Back along the road in 4 min. path to the Beehive (13, e.) in 5 min. more entrance to the White Path (11) leading through the forest in 1 hour 40 min. to the Schooner Head Road.

9 Cadillac Cliffs and Gorham Mountain—From Sand Beach (8) follow the Ocean Drive towards the south for 10 min.; path on right to Cadillac Cliffs. (Opposite it on the shore, \* Thunder Hole). 9 min. entrance to the \* Cliffs with Bates Memorial Tablet. 10 min. end of the Cliffs; up a stairway and in 12 min. summit of \*Gorham Mountain. Descending to th north 20 min. cross the Yellow & White Path, (to the left in 15 min., to Otter Creek Road, to the right in 15 min. to the White Path) (11). The path continues on to the Bowl (10 min., 13, e.); from here to the White Path in 15-20 min. by the Blue & White Path.

10 Otter Cliffs-From the entrance to the Cadillac Cliffs

Path along the Ocean Drive to where the road turns to the right; take path to the left, about 30 min. Fine view.

11 White Path—The White Path begins at a point 35 min. from the village on the Schooner Head Road, a little beyond the Nurseries, half way between the Cross Roads and Bear Brook, and extends along the eastern base of Newport Mountain, entering the main road a little before Sand Beach (8), 1 hour 40 min. At first level, then gradual ascent. 15 min. on right Red & Yellow Path to Newport Mountain (6 min. 13, a). 7 min. on right Orange & Black Path (12. The White Path turns down to the left and then to the right, descending to the level again. At various points (Red, Blue, Yellow Paths) exits to Schooner Head Road.

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12 The Orange & Black Path-Runs along the eastern face of Newport Mountain to the Red & White Path, which connects it with paths running out from The Bowl (13, e). 1 hour 20 min. Starting from the White Path (12) in 18 min. trail down to Red Path and so out to Schooner Head Road (10 min.) 9 min. on right beginning of Precipice Path (13, c). The Orange & Black Path goes down to the left; 8 min. on right, path leading up to Great Cave (6 min.) just before cave on left the southern branch of Precipice Path. Down over the landslide, 12 min. on left, trail to White Path. 7 min. fine view, then down over another landslide, 2 min. trail on left to White Path (Blue Path, exit to road). To the right across the landslide, then to the left. 8 min. fine view with echo. Then to the right straight ahead, 9 min. fine view; up a steep ascent and in 5 min, the Red & White Path (leads down to White Path, 6 min. on right Blue & White Path which leads in 6 min. to the Bowl.

13 Newport Mountain—Five main paths lead to the summit: (a) Black Path, on the north ridge; (b) over Picket Mountain; (c) Precipice Path (d) Red & White Path; (e) along the south ridge from the Bowl.

(a) The usual mode of ascent from Bar Harbor is along

Main Street to beyond the Nurseries; first road to right at the cross roads, first path on left (Bicycle Path) to beginning of Beaver Dam Pool, then to left and up stairway to ridge. From village to Beaver Dam Pool 40 min.; from there to top 45 min. Half way down Beaver Dam Pool another very steep path, the Black & Blue, leads to the ridge, which can also be reached from the White Path by the Red & Yellow Path (11).

(b) At the south end of Beaver Dam Pool the Black & White Path leads up the saddle between Picket and Newport Mountains and from there to the summit of the latter. Picket Mountain is also ascended from the western side by the Beachcroft Path (7), which can also be reached by following the Bicycle Path (see above) over Little Meadow Hill. Time somewhat longer than by Route a. Fine view from Picket Mountain over the Gorge. In the saddle fine grove of spruce trees.

(c) Precipice Path is reached from the Orange & Black Path (12). Shortest route by the Red Path on Schooner Head Road (50 min. from village), cross White Path just beyond the end of Red and up loop trail to the Orange & Black, then to left along latter to bifurcation (17 min.). Take path going up to right, in 15 min. to right up the face of the cliff by ladders and to the top in 25 min. Time from the village about 2 hours.

(d) Just beyond Schooner Head (1 hour 15 min. from village) take the Yellow Path at the Stone Horse Trough, keeping to the left; 6 min. White Path, follow this to right for 2 min. then on left entrance to Red & White Path; steep ascent in 45 min. Time from village about 2 hours.

(e) From The Bowl along the Black Path—see next paragraph.

Descend by any of the paths described above. The most picturesque is (e). Keep along the Black Path; 45 min. the \*Bowl, a mountain tarn; it can also be reached by branching off on the Red & White Path (10 min. below the summit) and taking the Blue & White Path further on. From the Bowl we can descend to the Otter Creek Road in about 15 min. by the Green & Black or the Green & White Paths, the latter coming out at the Russian Tea House; or go down the Brown Path and over Gorham Mountain to the Cadillac Cliffs and Ocean Drive (50 min., 9); or down the Blue & White Path to White Path and Schooner Head Road (25 min., the \* Beehive can be ascended on the way in 10 min.) or up the Blue & White and Red & White Paths and back by the Orange & Black Path (12). A steep and dizzy trail leads up the Beehive from the Yellow & White Path (8).

14 Dry Mountain—By Green Mountain Gorge. Mount Desert Street, Eagle Lake Road to Kebo Valley Club (25 min.) The path begins on the other side of Cromwell Harbor Road. 30 min. bifurcation; path to the left leads up over the north ridge of Dry Mountain (preferable for descent) path to right through the \*Gorge. 30 min. saddle between Dry and Green Mountains. Take path to left, 10 min. to summit.

(b) Over Kebo Mountain (6) along the north ridge; 50 min. to summit.

(c) Ladder Path—From the Gorge on Otter Creek Road, at the southern end of the Kane Path (7), about one hour from the village. Steep ascent in 50 min.

(d) From the Russian Tea House on Otter Creek Road over the south ridge; 1 hour 30 min.

(e) By Kurt Diederich's Climb (7). (Not yet finished.)

15 Green Mountain—Best mode of ascent in the morning through Green Mountain Gorge (same route as to Dry Mountain, 14a). From the saddle between Dry and Green Mountains (take path to right) to the summit in 30 min. Descend by the north ridge, about one hour to the Golf Club. One can also ascend by the old carriage road from Eagle Lake Road.

Descend along the southern ridge to Dike Peak, the Pot Holes and Otter Creek, or to Dike Peak and Jordan Pond in 1 hour 45 min. (16 c). 16 Jordan Pond. (A)—By the eastern shore of Eagle Lake. Mount Desert Street, Eagle Lake Road to second road on left beyond Cleftstone Road, leading along the eastern shore of the lake (40 min.). In 15 min. Wildwood Camp with locked gate (carriages can go no further except by permission of the owner, Mr. Martin Roberts, at the Newport House). From here to bifurcation of paths 20 min.

(a) The path branching off to the right goes through Hadlock Valley (ascent of the Bubbles from here, about 45 min. longer) and along the eastern shore of Jordan Pond to Jordan Pond House (50 min.).

(b) The path running straight ahead goes on to \* Bubble Pond (one can drive as far as this point, see above) around the base of Pemetic Mountain and over the saddle between Pemetic and the Triad to Jordan Pond House (about one hour and a half).

(c) At the northern end of Bubble Pond a trail branches off leading to the summit of \*Pemetic Mountain (1 hour); descend along the southern ridge for 35 min. then turn to the right into the path from Bubble Pond (see b) and in 15 min. to Jordan Pond House. Or descend by the steep \* Goat Trail to the northern end of Jordan Pond and from there as in (a.)

(B) By the western shore of Eagle Lake. Same route as in A, but continue 15 min. further on the Eagle Lake Road to the western shore of the lake, where the Curran Path begins. In 25 min. bifurcation, keep to the right; in 15 min. enter the Southwest Pass, in another 15 min. the head of Jordan Pond. The Southwest Pass can also be reached by the McFarland Path (12). From here along either shore in 30 min. to Jordan Pond House. The Bubbles can be ascended from this route also; path on left at the head of Jordan Pond, descend to Hadlock Valley, and as in A, a. By taking path to the left at bifurcation, and continuing along Eagle Lake, one can reach Hadlock Valley in 15 min.

C By Dike Peak. By the Wild Gardens Path and the Kane Path (7) through Beaver Brook Valley to Canyon Brook Path (about 1 hour 15 min. from the village). (Or one can drive to the entrance of Canyon Brook Path on the Otter Creek Road). Along Canyon Brook and up to Dike Peak in 1 hour; steep descent to Boyd Road, crossing which the path soon joins the one coming from Bubble Pond (A, b), 35 min. From here to Jordan Pond House as in A, b, 40 min. Dike Peak can be reached also from two points 15 and 30 min. further south from the entrance to Canyon Brook on the Otter Creek Road by the Pot Hole Path; at the Pot Holes turn back to Eagles Crag, and from there along the South Ridge Path coming down from Green Mountain to Dike Peak (Over 1 hour from road to Dike Peak).

17 Sargent Mountain-Follow Eagle Lake Road as far as the McFarland Path, 8 min. beyond the lake, at the top of the steep hill, 55 min. from the village (or drive to this point). Along the McFarland Path, in 25 min. on right trail leading to the Chasm Path (no sign, see below) in 40 min. to where the path from Eagle Lake comes in, then turn up the trail marked "Sargent Mountain," and in one hour to the summit. Or, leaving the Sargent Mountain trail to the left, follow the Southwest (Somes Sound) Path for 15 min. to the Chasm Path (somewhat longer to the summit, but very picturesque); it can be reached also by a path farther down on the McFarland Path in 15 min.: 10 min. beyond the Chasm Path. on the Southwest Valley Path, is another trail connecting with the Aunt Betty's Pond Path and joining the Chasm Path below the summit. The last two mentioned trails are, however, rather difficult to find, as all the signs have been removed by the owner of the land. The Aunt Betty's Pond Path begins on the Eagle Lake Road about 3-4 of a mile beyond the McFarland Path and leads to the Southwest Valley Path in about 50 min. at a point opposite to the third trail up the mountain: but it is not to be recommended except in dry weather, as it passes over swampy ground.

The view from the summit is very fine, especially toward the mainland. Descend over Jordan Mountain (with fine view of Jordan Pond) to Jordan Pond House in about one hour: other routes lead down by the Deer Brook Path to the northern end of Jordan Pond (16 B) along the southern ridge of Jordan Mountain, to Seal Harbor, or by the Giant Slide to Somes Sound. (See 72).

# SEAL HARBOR

17

The Seaside Path is a broad path from the Seaside Inn to the Jordan Pond House about two miles long, well cared for, through woods and partly along the Stanley Brook, ascending gently but steadily. Other trails are for the most part single file width and more or less rough.

The Stanley Brook trail starts just back of the Glens cove Hotel and follows Stanley Brook north three quarters of a mile then branches—to the west joining the Seaside Path, to the east joining the Jordan Pond Road at the ice house. Several short cross paths connect this with the Seaside Trail.

The Jordan Stream trail leaves the Long Pond road west of Redfield Hill and follows the brook to the Jordan Pond House. Two trails go from it westerly to Five Corners on the Asticou Trail, one over Mitchell Hill, a second across Squirrel Brook; and one, south of Mitchell Hill, to the head of Little Harbor Brook trail.

The Wildwood Farm trail leaves Jordan Pond Road via the street south of the ice house, and follows the wood lane west of Day Mountain to the Wildwood Farm Road.

The Van Santvoord trail is a circuit over the East. Middle, and West Triads, beginning and ending at the south end of Triad Pass trail, with fine sea views to the south and mountain views to the north.

The Shore Path leaves Sea Cliff Drive opposite east end of Rowland Road and makes a rough path along the shore to Champlain Monument or on to Hunter's Beach, meeting there the shore and wood trails to Otter Creek. This path runs along unusually beautiful rocks and cliffs—in places spanning chasms by means of bridges and in others blasted out of the face of the rock. The views of the open ocean and the surf effects after an easterly storm are very fine. Anemones and other interesting forms of sea life may be found in the pools at low tide.

18 The Asticou Path is an easy path between the Jordan Pond House and Asticou Inn. It starts at the bridge at the head of Jordan Stream. At Five Corners trails, go north over Jordan Shoulder (South End) and easterly to Jordan Stream and Mitchell Hill. At Little Harbor Brook the Harbor Brook trail goes south, and the Amphitheater trail north, through birch and beech woods and along the brook. At Bear Hill a trail to the south crosses Asticou Hill; a trail to the north joins the Cedar Swamp Mountain trail.

The water is exceptionally pure and cool in all streams excepting Stanley Brook, which runs below the village houses on the Jordan Pond Road.

The starting point assumed is the village drinking fountain.

### ABOUT 1 HOUR.

19 Long Pond—By shore road toward Northeast Harbor and around loop of Gardiner road on west side; back again by shore road. Fine mountain views across the pond.

### ABOUT 1 HOUR.

20 Ox Hill—Up Martin's driveway, about 100 feet north of the fountain, by footpath back of barn, up a series of steps; across Ox Hill road (marked private) a short trail to top. Return by the Ox Hill road to County road; or by trail north to old Bar Harbor road, and west by the Neighborhood House.

Wide view of water to southwest.

21 Barr Hill—(a) Up Seaside Path and trail on west (with sign) crossing Barr Hill Road to top

(b)—By shore road west to private road opposite Congregational Cnurch, (marked The Eyrie) and by trail at entrance to Barr Hill road. Wide sea views to south; fine mountain views to north from "lookout" ledge at end of short side path. On west at base of cliffs are some "caves."

22 Up Stanley Brook to Seaside path, back by the latter; an easy trail through the woods. Several short cross paths between these parallel trails give pleasant shorter strolls through mossy woods.

# ABOUT 1 1-2 HOURS.

23 Around Redfield Hill—North on the Seaside Path to the pipe line, then across westerly to the Jordan Stream trail, then turn south to the Long Pond road. Thence across between Redfield and Barr Hills to the Seaside path and south by the latter.

Or-return from the pipe line over Redfield and Barr Hills, by trail or by road.

24 Barr Hill Road—As in No. 21-b to Redfield Hill, back by Long Pond road.

An easy walk through the woods with wide mountain and sea views.

25 Ingraham Rocks—By Sea Cliff Drive to trail just beyond Crow's Nest. The shore path along the rocks to the Champlain Monument on Sea Cliff road adds half an hour to this walk.

View to open ocean; especially fine for surf after a storm.

## ABOUT 2 HOURS.

26 Mitchell Hill—By Long Pond road and Jordan Stream trail. Returning—

(a) By west side of pond to Gardiner road-

(b) By Harbor Brook trail to Savages Point and east by the shore road.

(c) By trail to Five Corners on Asticou trail southeast to Jordan Stream and thence east between Redfield and Barr Hills to Seaside Path.

27 Jordan Pond—(a) by Seaside Path direct; or (b) by

Stanley Brook and Seaside Path; (c) by Long Pond road and Jordan Stream trail; (d) by Long Pond road and Redfield Hill road.

28 Day Mountain—By old Bar Harbor road beyond Neighborhood House, then trail to left over mountain:

(a) Back by Wildwood Farm trail, crossing Jordan Pond road at ice house, to Stanley Brook trail.

(b) Back by Tilting Rock, then west on County road t Icy Hill trail, over to Champlain Monument, then back by Sea Cliff Drive.

A detour on Day Mountain is by the caves at the base of the eastern cliffs, up two ladders and a short steep trail to the top.

This walk had best be taken in the afternoon of a sunny day when the effects of the lengthening shadows of the mountain on the treetops toward the east is very fine.

#### ABOUT 3 HOURS.

29 Asticou Hill—By shore road west to Savages Point, just beyond President Eliot's house; then north by wood lane over Asticou Hill, by trail above eastern cliffs to Bear Hill and east by Asticou trail; then (a) by Little Harbor Brook to shore road; or (b) by cross trail south of Mitchell Hill to Jordan Stream trail; (c) by Mitchell Hill and Jordan Stream trail to Long Pond road.

**30** Jordan Shoulder—On south end of Jordan Mountain. Over Barr Hill, or by Long Pond road, to Jordan Stream trail, then by Squirrel Brook trail to Five Corners, across the Asticou trail and up the south end of Jordan. Return (a) over Mitchell Hill west of Long Pond; (b) by Asticou path west to Little Harbor Brook, south to shore road. An easy climb for a beginner.

31 The Triad Pass—(a) By Seaside Path to Cemetery trail, thence across to Wildwood Farm road—

(b) By Stanley Brook trail across Jordan Pond road

near ice house, and by Wildwood Farm trail to Wildwood Farm road—

Thence over Triad Pass trail to Bubble Pond trail, west to Seaside Path, either via Jordan Pond House or by "cut-off" trail.

32 The Triads—To Wildwood Farm Road, as in No. 31; by Pass trail to Van Santvoord trail; and back to Pass and Wildwood Farm Road.

Or—up East Triad from Wildwood Farm Road by a second trail (east of Wildwood Farm) along surveyor's line; then joining the main trail over the top. Continue north over the East Triad to the Bubble Pond trail, turn west, and return by Triad Pass trail to Wildwood Farm trail; or continue west to Jordan Pond and the Seaside Path.

33 Hunter's Beach—By Sea Cliff Drive to shore path, entering latter either at Ingraham Point or at Champlain Monument; back by short trail, north to Sea Cliff Drive, then over Icy Hill.

34 Day Mountain and Sea Rocks—By Ox Hill north to Day Mountain; then south, either by first trail to Icy Hill or by the second trail via Tilting Rock, to the County road; across to the Champlain Monument; west on the road to the Birch Brook trail; by the latter north to cross trail leading west to Upland Road, near tennis courts.

### HALF DAY TRIPS.

35 Around the Bubbles—By Seaside Path to Jordan Pond; around the pond on the east shore; by carry to Eagle Lake; across south end of Burnt Bubble to Southwest Pass Return by the west shore of Jordan Pond and the Sea Side path.

A pleasant woodland walk with easy grades and fine trees in the carry.

36 Brown Mountain-By boat or buckboard to Asticou, and road north to north end of Upper Hadlock Pond; then by steep trail west to summit of Brown. Down by south slope to Lower Hadlock, over Pond Hill to Asticou, and back by boat or by shore road.

Views of Somes Sound and the western hills of the mainland are best in the late afternoon.

37 Cadillac Cliffs—By boat or buckboard to Ocean Drive near east end of Otter Creek Bridge road; by trail leading north over top of Gorham, past Fern Spring and back to School House Hill.

Or continue north from Fern Spring by the Beedive and The Bowl, then westerly to the Tea House on Otter Creek Road (adding half an hour or more to the trip).

This trail, along the cliffs of an ancient sea beach 200 feet above the ocean, is of remarkable beauty, perhaps the finest on the island.

**38 Pemetic Mountain**—(a) by Seaside Path to Jordan Pond House; east to the south end of Pemetic, then north on ridge trail to top. Or (b) ascend by Triad Pass (No. 31)

Return by same trail. Or return by steep Goat Trail to east shore of Jordan Pond; south to Jordan Pond House, and Seaside Path; about 45 min. longer. (See also No. 48).

One of the easiest and most interesting of the mountain climbs.

39 The Bubbles—By Seaside Path, and east shore of Jordan Pond; up steep south end of the first Bubble and north to Burnt Bubble. Return, either by the Southwest Pass and west shore of Jordan Pond; or by Jordan Pond carry and east shore; then by Seaside Path.

40 Jordan Mountain—(1)—Take Seaside Path to Jordan Pond, across brook at the bridge; then ascend (a) by the old trail on east cliff to ridge, then north to the summit; (b) by the Bluff trail, to summit on the north; (c) by west shore of Jordan Pond and Deer Brook trail. Or (2) take the Jordan Stream trail and ascend (d) by the south end as in No. 30 and by ridge trail to summit; (e) by the Asticou and Amphitheater trails. 41 Shore Trail—By boat or buckboard to Otter Creek to west end of new bridge; then by trail south along Otter Creek to Little Hunter's Beach, and either by shore path to Champlain Monument, or by trail to Icy Hill road and Ox Hill road.

### ALL DAY TRIPS.

42 South End of Green Mountain—By Stanley Brook trail and Wildwood Farm trail to Wildwood Farm road; east to Boyd road, north 3-4 of a mile to trail on east, up Dike Peak; south along the ridge; across Bar Harbor road to Hunter's Beach; back by the shore path and Sea Cliff Drive.

Or up from Boyd road, opposite Wildwood Farm road, to ridge trail and north to Dike Peak; down by west trail crossing Boyd Road, and by trail along north end of the Triad to Jordan Pond House and Seaside Path.

43 Sargent Mountain—Over Jordan Mountain as in No 40 and past the Sargent Mountain Pond north to the summit, returning as in No. 40.

Or, return west of the pond along the ridge of Cedar Swamp Mountain to Asticou trail, east to Little Harbor Brook, and south of Mitchell Hill to Jordan Stream.

Sargent gives the finest views of north and west over the mainland—on clear days even to Mt. Katahdin among the horizon hills.

44 Sargent Mountain from Upper Hadlock Pond. Drive west through Asticou to south end of Upper Hadlock pond; ollow the trail on eastern side, up Hadlock Brook, by the falls, to Sargent Pond,; then north to the summit.

45 Sargent Mountain by the Giant Slide—Take boat up Somes Sound or drive by Asticou to the Stone Church. Cross road to the Sargent wood road, leading into the Giant Slide trail. Continue east up to the summit. Down as in No. 43.

A most picturesque mountain gorge, especially fine after a rain.

46 Sargent Mountain, around the west side and by Giant Slide—Long Pond Road to Jordan Stream, Squirrel Brook or Mitchell Hill trail to Five Corners, west and north by Asticou and (a) Sargent Mountain ridge trails to spring at 800 foot level; or (b) by Amphitheatre trail westerly to same spring. Thence northwest by new path descending east affluent of Hadlock Brook to falls; thence northwest between Bald and Gilmore Peaks to the Giant Slide; thence westerly to Sargent summit. Down as in No. 43.

24

A very interesting and beautiful trip combining gorges and mountains.

47 Little Brown and the Giant Slide—Take boat up Somes Sound or drive by Asticou to the Stone Church. Cross the road to Sargent Brook wood lane, then south up the Giant Slide, along east side of Little Brown and Bald Peak. Up Bald Peak to west is a very short climb as a detour. Then

(a)—down to Hadlock Brook trail and Hadlock Pond and by road to Asticou and boat to Seal Harbor.

(b)-down via Cedar Swamp Mountain at upper end to Amphitheater trail to Asticou path.

48 Pemetic Mountain and Bubble Pond—By Triad Pass (No. 31) trail to Bubble Pond trail, east to Bubble Pond. Or by Wildwood Farm Road and Boyd Road to Bubble Pond. Along the west shore of Bubble Pond nearly to north end, south then to summit of Pemetic. Return by south ridge to Jordan Pond House and Seaside Path. (See 16 c).

49 Newport Mountain—To the Bowl as in 31; then north along the east side of Bowl to the summit. Continue north to Bar Harbor. Or return along south ridge to west side of Bowl, down to the Tea House, and to boat at Otter Creek. Or reverse the trip by taking boat or buckboard to Bar Harbor and ascending north slope from Bicycle Path. (See 13.)

50 Newport Cliffs and Anemone Cave—By boat to Otter Creek and to Cadillac Cliffs as in 37; over Gorham and down to the east of Beehive. Continue on the White Path along by the base of Newport Cliffs to the Red Path (11), along this to the road, then south to a little beyond Schooner Head to horse trough by a brook. Cross over to the shore rocks and walk south about 200 yards to Anemone Cave. Cave to be entered at half tide. Boat can take party from rocks if water is not rough. Otherwise, walk south by Ocean Drive past Otter Cliffs to Otter Creek; thence by boat.

51 Green Mountain—Wildwood Farm Road as in No. 42, east to the Boyd Road; up trail at junction to ridge trail, then north to summit. Returning by the south ridge, take trail down from Dike's Peak, west to Boyd road. (See 15 and 16 c).

Or take boat to Bar Harbor and drive or walk to Kebo Valley Club. Then (a) by north ridge trail; or along Kebo Brook; (b) by the Gorge trail between Dry and Green, turning west at the divide up to the summit. (See 14 and 15.)

Return by the south ridge (a) by either the first (Dike Peak) or second trail west to Boyd Road, along Wildwood Farm road, Wildwood Farm trail to Jordan Pond Road; or (b) by Canyon Brook trail or Pot Hole trail east to the Otter Creek road. (See 16 C.)

52 Western Mountain—By boat to Southwest Harbor, or road to Connor's Cove.

53 Dog and Robinson Mountains—By boat to Man of War Brook in Valley Cove, or to Fernalds Cove.

54 Beech Cliff and Beech Mountain—By boat to Man of War Brook, crossing to Echo Lake road by the wood road. Or by boat to Conner's Cove.

NOTE, 52-54-See Southwest Harbor section for details.

For VISITORS who spend only a short time at Seal Harbor the following walks are especially recommended:—

Shore Walk—No. 33, combining fascinating rocks by the sea with interesting woods.

Brook Walk—Either No. 27, 29, or 30, combining mountain streams with forests and low hills.

Lake Walk—No. 35, giving an idea of the lakes on the island and the beauty of their surroundings.

Mountain Walks—Nos. 40 and 43, over Jordan and Sargent Mountains, giving the most varied and extended views of any walk on the island. Nos. 37 and 49 over Newport Mountain by the Cadillac Cliffs, an easy climb with a fine ocean view to the east.

# NORTHEAST HARBOR

The paths and trails under the care of the Village Improvement Society of this district are included within the following boundaries:—

On the north by the Southwest Valley Road running a little north of the Stone Church near Seal Cove over to the junction of McFarland's trail with the wood road through Southwest Pass; on the west by Somes Sound; on the east by a line arbitrarily drawn through the Southwest Pass to the Upper part of Jordan Pond. Then this boundary line passes north of and parallel with Deer Brook through Sargent Mountain Pond down a little west of the Amphitheatre trail from Sargent Mountain by the Harbor Brook trail in a straight line to "Little Harbor." It is bounded on the south by the water front of Northeast, etc. These district boundaries were agreed upon at a joint meeting of the Trail Committees of the four Village Improvement Societies of the Island on July 29, 1914.

For convenience these trails may be grouped around certain centers or starting points, such as-

1st. School House Ledge, which is closely related to the village of Northeast, is one of the most difficult to describe adequately on account of the network of trails to be found there.

2nd. Hadlock Ponds and Brown Mountain.

3rd. Asticou and Jordan's Pond.

4th. Sargent Mountain.

55—The Tennis Club and Swimming Pool may be easily reached from the village by following the sidewalk of the main road, past the old school house for a short distance, where a dirt road will be found leading directly to these points of interest, a little to the north of the new school house. This is only a short walk of about five minutes from the village. 56—School House Ledge presents five entrances: (a) by the Quarry Trail, off the Tennis Court road; (b) by a path on the south side of Hillcrest Market; (c) by the road to the right of Vignoles' stables for about fifty yards and then by an old trail marked "Highroad trail" on the path map, to the Ledge and Brown Mountain, etc; (d) by a new trail just below the top of "Ice House Hill" about one hundred yards towards Asticou, thence ascending to the higher ground by twenty-three rustic steps, and then by numerous stone steps and a fine wood path to Lower Hadlock Pond. This trail crosses or joins with two of the Ledge trails, and finally ends in the water pipe trail to the pond. As this new path is almost all down hill it is recommended to be taken especially on the return trip from Hadlock; and (e) by the Power House at Asticou Corner. The latter is a rough water course for the first two hundred yards.

While many signs have been put up to mark the trails which cross each other on the Ledge, they may still prove confusing not only to a stranger, but often to those who have tried the several trails more than once. About the middle of the crest of the Ledge four distinct paths meet: the Southern coming from a high point on the School House Ledge Road; the Northern going to Brown Mountain; the Western to the Village in a direct line or obliquely to Harborside; while the Eastern trail leads to the Golf Links. Most of these trails are in good condition and the distances are short with the exception of the Quarry trail.

57—The Golf Links of nine holes, near the Sargent Drive, and just north of Hadlock Brook, may be reached in one or two ways, either (a) by a trail beginning at the top of School House Ledge, where the four trails, as already described come together. This trail skirts one or two low places and is apt to be rather heavy after a rain. It is about twenty minutes

† Built in 1914, it is called the "Skidoo Trail" on account of the twenty-three steps at its commencement from the high road. walk. Or (b) by taking the Quarry Trail leading off the Tennis Club Road, which leads in a much more round-about course to the Links. The latter walk would require about half an hour. In returning from these Links, one may go either by the dam at Hadlock Pond, and thence to Asticou or School House Ledge, etc., or if a longer walk is desired, one may ascend Brown Mountain by a trail somewhat steeper than the ordinary route up that mountain A description of the latter trail will be found elsewhere.

58—Lower Hadlock Pond and the foot of Brown Mountain may be reached in one of three ways; either (a) from School House Ledge; (b) by the Skidoo or "Rockfern" trail already described; (c) by the trail at the power house at Asticou Corner; or (d) from the Brown Mountain road to Somesville. These trails are in fair condition The distances are all short.

Near the dam a path leads around the western part of the pond which joins near the headwaters of the latter with the trail to Upper Hadlock.

59—From the dam at Lower Hadlock an interesting and easy walk of about half an hour leads directly around that pond. At the western end of the pond, where the stream from Upper Hadlock empties into it, a short trail connects the two ponds, a favorite situation for Lady Slippers and Habanaria.

60—Brown Mountain, three approaches: (a) From the dam at Lower Hadlock. This is the smoothest and easiest way of about two and one-half miles to the summit. This trail is in good condition, and opens up a series of fine views. The time required is about an hour. (b) Another somewhat steeper trail leads from the golf links. (c) From the northern part of the summit, a well marked trail leads to the Notch Road or highway to Somesville. This is better for the descent than the ascent, but is much the shortest route to the top.

61—Upper Hadlock. This pond lies close to the Brown Mountain Notch road. A trail leading around the northeastern side is plainly marked and passes close to the pond. A short distance from the main road, a trail marked by a large wooden sign appears to the right, leading over Sargent's Mountain ridge by way of Cedar Swamp Mountain. This trail is not a short cut, but useful to vary the Sargent Mountain climb. The Hadlock trail then continues onward and upward to join the Waterfall Trail.

63—The Waterfall Trail leaves the Brown Mountain Notch road some three hundred yards above Upper Hadlock Pond and is the most direct route to the top of Sargent Mountain. It is practically a continuation of the (c) trail from Brown Mountain. From it the Giant Slide trail is given off just above the Fall itself. From the latter trail, a new one (made last summer) leads to "Maple Spring." and from there to the top of Sargent. Following the Waterfall Trail toward the summit of Sargent, about two hundred yards above the Giant Slide trail, another path appears on the right hand side. This is a short cut to a large spring on the Sargent Mountain trail also new last year. It was made to assist in a circular trip around Sargent from the Seal Harbor district.

63—Maple Spring trail leaves the Giant Slide trail just above the bank of the stream near "the Pulpit." Sign shows on the right. It then follows the bank of this stream for several hundred yards, crossing some ledges and proceeds directly to a well wooded trail to the spring. Ben's Peak and Sargent Summit is an easy mount of about fifteen minutes. Fine views are opened up.

64—The Giant Slide trail may be approached, as already described, or one may take a boat to Somes Sound and start in by the trail near the little "Stone Church." To properly enjoy the beauties of this walk, the best part of the day should be given to the trip.

65—Asticou Road walk. Turn up the rough road from the corner of the main road at Asticou Inn, and follow it for about eight minutes, when Asticou Road turns off to the right. It is grass-grown and rough at first, but makes an easy walk with several lookout houses with fine views. It ends in the main road to Seal Harbor opposite Mr. Peabody's house.

66—Asticou Hill trail returning by Asticou Road. Take Asticou Road from Asticou Inn, as described, then turn to the left at the sign Asticou Hill.<sup>-</sup> Just before reaching the top, turn to the right at trail marked Asticou Road. Turn to the right from old wood road half way down the hill at Asticou Road sign. (Wood road marked "Eliot Trail" emerges on main road to Seal Harbor near Mr. Eliot's house). The trail turns sharply to the right again after five minutes walk (trail straight ahead leads to Mr. Samuel Eliot's house) and emerges near "Thuya Lodge" on Asticou Road. Easy climb with good views.

67—Asticou Hill returning by Jordan Pond Trail. Take same trail as described up Asticou Hill and go straight ahead at the top and east over the ledges marked by cairns; the trail turns north, soon enters the woods, and emerges into Jordan Pond trail. Easy trail with good view eastward.

68—Harbor Brook Trail. Turns off the Jordan Pond trail a short distance east of Harbor Brook, which rises in the amphitheatre of Sargent Mountain. Trail crosses the brook frequently and is a shady walk through fine woods. It ends in the road to Seal Harbor near Mr. Eliot's house. There is a small cairn here and a sign "Harbor Brook."

69—The Amphitheatre trail is a continuation of the Harbor Brook trail along Little Harbor Brook to the gulch near Sargent Mountain Pond. It is entirely under woods and requires about an hour for the ascent from the rustic bridge.

# **General Recommendation**

For those who come from some distant point and land by boat either at Asticou or at the Harborside slip, if a walk over Brown Mountain (about two and a half hours) is contemplated: ascend Brown Mountain by the steep trail from the Notch road and descend by the easier Ridge trail to Hadlock dam and by the "Skidoo" trail to the main road, etc.

# Jordan Pond District

70—Jordan Pond trail may be entered by a rough, steep road commencing opposite the Asticou Inn. A large steel sign on the left of the broad entrance to this trail indicates the route and three other points of interest, namely: Sargent Mountain (by the Ridge trail), Long Pond and Jordan Mountain. It is an easy walk of about three miles to the picturesque pond from Asticou Inn, and can easily be done in an hour.

As this is the most popular and best maintained trail of the neighborhood, it may be described more in detail as follows: Ascending the driveway almost opposite the office of the Asticou Inn, the walker passes by the front of Mr. Phillip's cottage on the left and Dr. Morris' cottage on the right. Then a small log cabin partly hidden by trees above the road on the right; a short distance above which the wood road to Asticou Hill-described in Section 65-appears on the right. About one hundred yards farther a new bungalow-on the rightand then the well marked entrance to the trail. About five minutes walk from this entrance the forked sticks and wooden sign-on the right-show the ridge trail to Sargent Mountain leading off to the left from a small clearing. The Ridge trail is well marked by cairns and can easily be followed to the summit of Sargent Mountain. (See Section 71). A quarter of a mile farther along; the trail from Asticou Hill cuts in at a right angle and is continued across on the left hand side by the "Cedar Mountain" trail—a short cut to the Sargent Mountain trail. About a mile farther Harbor Brook is crossed by a rustic bridge. This bridge is about half way to Jordan Pond and marks the southern boundary of the Public Reservation. The Amphitheatre trail runs parallel with the brook to the left and a short distance above the bridge the Harbor Brook trail appears to the right. Following the Jordan Pond trail for another quarter of a mile two trails to the right lead to Long Pond and one on the left to Jordan Mountain bluffs.

IN A GENERAL WAY, ALL TRAILS LEADING OFF FROM THE RIGHT HAND SIDE OF THIS PATH GO TO THE MAIN ROADS OR TO SEAL HARBOR, WHILE ALL THOSE ON THE LEFT ASCEND THE MOUNTAINS. Just before reaching the pond two corduroy bridges span Jordan stream and the trail ends in the meadow around the Jordan Pond House.

From the Jordan Pond House as a starting point many interesting walks may be taken, such as: (1) A trail around the Pond which is rougher on the eastern than on the western side. (2) The Bubbles and Bubble Pond. (3) Pemetic Mountain, descending by the "Goat Trail" a most exhilirating experience. This latter trail or path to Pemetic also joins with the trail over Green Mountain and other Bar Harbor paths. (4) A less dangerous and more beautiful walk leads down Pemetic to Bubble Pond. These walks are described more in detail in the Seal Harbor section. ((See page 22).

### Sargent Mountain District

71—Sargent Mountain may be ascended in one of three ways: either from the Jordan Pond path about three hundred yards from its beginning (marked by a special sign to the left) or the Upper Hadlock trail, or from the small "Stone Church" on the Somesville road by the Giant Slide trail. The first of these is the easiest for the ascent. It is a long gradual ascent of about four miles and requires about an hour and a half each way. A series of fine views reward the walker after leaving the watershed of Jordan Pond. The ascent by way of Upper Hadlock pond makes use of the Waterfall trail and is the shortest route. Those who wish to avoid the long approach to the trail over dusty roads may readily drive by the Brown Mountain Notch road to the commencement of the Waterfall trail just above Upper Hadlock or to Asticou for the Ridge trail.

Several trails diverge from or near the summit among which the most interesting descends to Jordan Pond by the bluffs. Another route from Sargent Mountain leads over Jordan Mountain back to the path first mentioned.

72—For those who contemplate a more extensive walk —practically requiring the best part of a day—the following

circular trip of Sargent is recommended: Carriage to entrance of Waterfall trail about a quarter of a mile above the dam at Upper Hadlock, an easy up-hill climb to the waterfall-best seen, of course, after heavy rains-and a steep climb to the point where the Giant Slide trail is marked to the left some three hundred yards higher up. Follow the Giant Slide trail some two hundred yards to another brook where "Pulpit Rock" appears. A short distance above this point the trail passes through a gorge between Bald Peak and Gilmore Peak along the course of an interesting rock bound stream for about half an hour until a trail leads abruptly to the right towards Sargent Mountain. After another half hour a steel sign with four arms to it marks the junction of Aunt Betty's Pond trail, Chasm Brook. etc. Here we turn to the right again to reach Sargent Mountain summit in about twenty minutes. This trail is well marked by cairns. From the summit it is a short easy walk to Sargent Mountain Pond where a halt may be made for lunch. The southern end of this pond is most attractive for that purpose.

From Sargent Mountain Pond two different ways offer for the return trip: Either by the Bluff trail over Jordan Mountain to Jordan Pond or by the Ridge trail to Asticou, where a carriage could meet the walkers. This circular trip could also be reversed. The Bluff trail over Jordan is one of the most beautiful on the island—offering a fine series of views of Jordan Pond, Pemetic Mountain, etc. If this circular trip seems somewhat too long, it can be considerably shortened by leaving the Giant Slide trail, just above the ravine near Pulpit Rock, by the Maple Spring trail to Ben's Peak and from there on to Sargent Mountain Pond, etc. Other circular trips or grand tours may easily be planned after consultation with the path map.

For those who enjoy scrambling over mountains unmarked by trails, Gilmore Peak, Bald Peak and Little Brown Mountain offer excellent opportunities for such exercise. A start may be made either from the summit of Sargent or from the Giant Slide trail.

#### Southwest Valley

73-The Southwest Valley road may be entered to the north of the "Stone Church" on the Somes Sound road.. It is better to either drive to this point or else take a boat to Seal Cove, landing by row boat. After a walk of about two miles, the road crosses Aunt Betty's Pond trail. Proceeding on the left along the latter trail for about three-quarters of a mile, one would reach the pond of that name, or might continue on into the Eagle Lake road, etc. If, however, we turn to the right along Aunt Betty's Pond trail, we would easily reach the summit of Sargent Mountain in about three-quarters of an hour. This Southwest Valley road runs almost parallel to the Giant Slide trail from its beginning near the Stone Church up to the Giant Slide proper. It may be used therefore, in planning circular trips involving a walk of eight or ten miles, or more. Or, if the Southwest Valley road be followed beyond the point where Aunt Betty's Pond trail crosses, by bending somewhat to the right, into and through the Southwest Pass and so on to the northern end of Jordan Pond.

74—Another all day trip from Northeast may be briefly described as follows: Steamboat at 9:25 a. m. to Bar Harbor, cutunder to golf links, ascend Green Mountain by Gorge between Green and Dry Mountains. Lunch on top of Green. Descend to the Boyd Road over Dikes Peak and then by the trail to the Jordan Pond House, etc.

75—The Cadillac Cliff walk, also described with better detail in the Bar Harbor section of this guide book, can be approached either by carriage or motor boat from Northeast Harbor. For subscribers to the Country Club the latter course is preferable. The well marked trail near the main road passing this Club is easily found a short distance to the left of the Club entrance. It is a broad trail and leads to the Cliffs after ten or fifteen minutes of easy walking. By consulting the path map a great variety of walks may be planned from this point of vantage.

76-Similarly the Southwest Harbor District opens up

great possibilities for all day excursions from Northeast when the initial trip by water can be provided for. Jesuit's Field, Flying Mountain, Beech Cliff, Great Pond, Western Mountain and the circular trip from Man of War brook may be mentioned as of special interest.

# **General Considerations**

1. Any reports or criticisms as to the condition of these various trails, together with suggestions as to possible improvements, will be welcomed by the Path Committees at any time.

2. The attention of walkers is particularly directed to the importance of the rational picking of rare plants and flowers more especially in the immediate neighborhood of roads and paths. Careless or thoughtless picking may so easily exterminate an entire group or species that they should be regarded as a public trust and treated accordingly.

3. After picnic lunches all paper and debris should be carefully destroyed or otherwise disposed of in order to prevent unnecessary disfigurement.

4. The wanton destruction of the signs and cairns erected for the benefit of permanent and summer residents alike is much to be deprecated. A community of interest should lead to their preservation.

# SOUTHWEST HARBOR

37

The trails west of Somes Sound have been greatly extended and improved and so organized and marked that it is possible now to find one's way with but little difficulty. These trails differ somewhat from those east of the Sound. Some of them have been recently cut, while others follow old wood roads, where the walking is excellent. The mountains are more wooded than those on the east side of the island. The trails are shaded, with beautiful outlooks in the ascent and extensive views upon the summits. To the uninitiated, the extent of these trails and the amount of work done within a short time will prove a revelation.

The following partial list of trails west of Somes Sound will be found useful for reference.

1 Church Lane—From Freeman's Store to Water Tower on Freeman Ridge.

2 The Pines-Church Lane to Water Tower, to Cut Off.

3 Cross Roads—From Cut Off to the Cross Roads, to the Pines.

4 Woods Roads-From Church Lane to Manset Road.

5 Cut Off—From Southwest Harbor, 1-8 mile north of village center, to Seal Cove Road, opposite Great Pond Road.

6 Great Pond Road-From Seal Cove Road to Great Pond.

7 Western Mountain Road—From Great Pond Road through Gilley Field to Mill Field.

8 Norwood Cove Trail—From Somesville Road, near head of Norwood Cove, to Great Pond Road.

9 Lovers Lane—From head of Norwood Cove to Beech Hill Road.

10 Dole Trail—From Dole Landing, on Conner Cove, to Somesville Road, opposite Beech Hill Road. 11 Great Pond Trail—From Beech Hill Road, at bend in road, to Great Pond Road.

12 Cold Brook Trail—From head of Great Pond to Gilley Field.

13 Gilley Trail—From Gilley Field to Lookout Point, on Western Mountain.

14 Great Notch Trail—From Mill Field to Great Notch Junction, between East and West Peaks of Western Mountain.

15 Sluiceway Trail—From Great Notch Trail to Lookout Point.

16 Little Notch Trail—From Lookout Point to Little Notch.

17 Spring Trail-From Lookout Point to Spring Notch.

18 South Face Trail—From Mill Field over South Summit of West Peak to Spring Notch.

19 Kaighn Trail—From Spring Notch north over Middle Summit, past Kaighn Summer House, to Little Notch

20 Moss Trail—From Little Notch over North Summit of West Peak, to Great Notch Junction.

21 Pretty Marsh Trail—From Great Notch Junction to Pretty Marsh.

22 Center Trail-From Pretty Marsh Trail to Center P. O.

23 East Peak Trail-From Gilley Field to East Peak.

24 Razor Back Trail—From East Peak Trail to Great Notch Junction.

25 Beech Mountain Trail—From head of Great Pond over Beech Mountain to Beech Cliff.

26 Long Ridge Trail—From Beech Mountain Trail, at summit, along ridge south to Great Pond Trail, near Beech Hill Road.

27 Beech Cliff Trail—From Beech Cliff Road, near Somesville Road, over Canada Cliff to Beech Cliff.

28 Echo Lake Trail—From Beech Cliff Trail, north of Beech Cliff, down to Echo Lake and to Beech Cliff Trail, south of Canada Cliff.

29 Flying Mountain Trail—From Fernald Point Road to Flying Mountain.

30 Valley Cove Trail—From Fernald Point Road to Valley Cove.

31 Slide Trail—From Fernald Point Road to top of Dog Mountain.

32 Eagle Cliff Trail—From Man of War Brook, over Eagle Cliff to Slide Trail.

33 Dog Mountain Trail—From Eagle Cliff west over Dog Mountain to Robinson Road.

34 Ledge Trail—From Dog Mountain Trail, 1-4 mile west of summit to Echo Lake Trail, crossing Somesville Road.

35 Robinson Road—From Somes Sound, near Man of War Brook, to Somesville Road.

36 Tug of War Trail—From Man of War Brook to top of Robinson Mountain.

37 Robinson Mountain Trail—From Tug of War Trail, west over Robinson Mountain, to Robinson Road.

38 Quarry Trail—From Robinson Mountain Trail, at two points to Hall Quarry.

39 Somesville Road Trails-

(1) From Somesville Road to Robinson Mountain Trail.

(2) From Somesville Road to Dog Mountain Trail.

There are six obvious points about which the system of paths and trails grouped about Southwest Harbor naturally center:

I. Freeman Ridge.

II. Great Pond.

III. Western Mountain

IV. Beech Mountain and Beech Cliff.

V. Flying Mountain and Valley Cove.

VI. Dog and Robinson Mountains.

# Freeman Ridge

77 The Pines—From Freeman's Store via Church Lane to Water Tower, right to The Pines (rustic seats) thence to Cut Off 3-4 hour.

78 Cross Roads-From Cut Off to Cross Roads (rustic

seats) thence a few paces to The Pines, thence right to Water Tower, or left to Cut Off. One hour.

79—Woods Roads—From Church Lane, beyond church, left to Manset Road. Rustic seats. Vistas of Bass Harbor and Southwest Harbor bay. One hour.

Walks on Freeman Ridge are all circular walks.

## Great Pond

There are four ways of going to Great Pond. The time is given for going and returning the same way. Most persons will prefer to vary the walk.

80 Cut Off-To the left, 1-8 mile north of village center, and Great Pond Road, 2 hours.

81 Norwood Cove Trail—Starting between houses on hill to left of Somesville Road, near head of Norwood Cove, and Great Pond Road, 2 1-2 hours.

82 Lovers Lane—Through gate on left, at head of Norwood Cove and Great Pond Trail, 2 3-4 hours.

83 From Dole Landing on Conner Cove, by Dole Trail, Beech Hill Road and Great Pond Trail, 2 1-2 hours.

84 A Combination Walk—Dole Trail, Beech Hill Road, Great Pond Trail to Great Pond, Great Pond Road and Norwood Cove Trail or Cut Off to Southwest Harbor, 2 3-4 hours.

# Western Mountain

West Peak of Western Mountain has three summits, designated as North, Middle and South Summits. Middle Summit is the highest with a summer house on top. Great Notch lies between North Summit and East Peak; Little Notch between North and Middle Summits and Spring Notch between Middle and South Summits.

West Peak is ascended most easily from Gilley Field or from Mill Field. Mill Field is about ten minutes beyond, Gilley Field and both are reached by Western Mountain Road, which branches from Great Pond Road. Gilley Field, is one hour from Southwest Harbor. Gilley Field is also reached from Great Pond by Cold Brook Trail, 15 minutes.

85 West Peak from Gilley Field—Gilley Trail to Lookout Point, Little Notch Trail to Little Notch, Kaighn Trail over Middle Summit (fine views of Bluehill Bay) past Kaighn Summer House to Spring Notch, Spring Trail back to Lookout Point, Sluiceway Trail to Great Notch Trail to Mill Field, 2 hours.

86 West Peak from Mill Field—South Face Trail to South Summit (extensive views west and south), to Spring Notch, Kaighn Trail over Middle Summit to Little Notch, Little Notch Trail to Lookout Point, Gilley Trail to Gilley Field, 2 1-2 hours.

87 West Peak from Gilley Field—Gilley Trail, Great Notch junction, Moss Trail over North Summit to Little Notch (splendid moss and fine vegetation). Return by Little Notch and Gilley Trails 2 hours, or by Kaighn Trail over Middle Summit, Spring Trail and Gilley Trail 2 1-2 hours, or by Kaighn Trail over Middle Summit, South Face Trail over South Summit to Mill Field, Western Mountain Road to Gilley Field, 3 hours.

88 East Peak of Western Mountain—From Gilley Field by East Peak Trail (near Gilley Trail) over ledges to South Elevation, to North Elevation and Great Pond Lookout (superb views north and south). Return by same trail 1 3-4 hours, or by Razor Back Trail (branching from East Peak Trail near South Elevation) to Great Notch Junction and by Great Notch Trail and Gilley Trail to Gilley Field, 2 1-2 hours; or over North Middle and South Summits of West Peak, 3 3-4 hours. The time can be shortened by returning from Little Notch or Spring Notch.

89 Pretty Marsh—From Gilley Field by Gilley Trail, Great Notch Trail and Pretty Marsh Trail to Pretty Marsh and return, 4 hours.

This walk can be varied in going by taking Center Trail (branching from Pretty Marsh Trail) and road to Pretty Marsh. Add 1-2 hour. Return can also be made by private boat from Pretty Marsh or by road to Somesville and private boat from there.

### Beech Mountain and Beech Cliff

**90 Beech Mountain**—From Southwest Harbor to head of Great Pond, by Beech Mountain Trail over Beech Mountain to Beech Hill Road and Beech Cliff. Return over Canada Cliff by Beech Cliff Trail, 3 1-2 hours.

The ascent of Beech Mountain will be found easier if taken in reverse order. Return can be made from top of Beech Mountain by Long Ridge Trail (a variety of views) to Great Pond Trail, near Beech Hill Road—2 3-4 hours.

**91 Beech Cliff**—From Southwest Harbor by Lovers Lane to Beech Hill Road, or from Dole Landing by Dole Trail to same point. Beech Cliff Trail to Beech Cliff and return 2 3-4 hours.

92 Beech Cliff and Echo Lake—Follow No. 91 to Beech Cliff. Echo Lake Trail down north side of Beech Cliff to Echo Lake, along shore to head of Echo Lake (picturesque views of lake) and around Canada Cliff to junction with Beech Cliff Trail, to Southwest Harbor, 3 1-2 hours.

#### Flying Mountain and Valley Cove

**93 Flying Mountain**—From Southwest Harbor by road around Norwood Cove, Fernald Point Road and Flying Mountain Trail. A faint trail leads to north end of Flying Mountain. Return same way, 2 hours. Flying Mountain can be reached from Dole Landing in about a half hour.

94 Valley Cove—Fernald Point Road and Valley Cove Trail. From Southwest Harbor and return, 2 1-4 hours. From Dole Landing 1 1-4 hours.

Nos. 93 and 94 can be combined by descending to Valley Cove from top of Flying Mountain.

### Dog and Robinson Mountains

95 Dog Mountain from the South—Dole Landing, Fernald Point Road, Slide Trail to top of Dog Mountain (side trail to Valley Peak) Dog Mountain Trail to the west, Ledge Trail to Somesville Road and Echo Lake Trail south to Beech Cliff Trail and Beech Hill Road.

Return by Dole Trail to Dole Landing, or Lovers Lane to head of Norwood Cove, 3 hours.

Can be taken in reverse order with much easier ascent of Dog.

96 Dog Mountain from the North—Boat to Man of War Brook, Eagle Cliff Trail on the left to Eagle Cliff, Dog Mountain Trail to the right to the top of Dog. Over Dog to the west and keeping to the right, down to Robinson Road. Robinson Road to Somes Sound at Man of War Brook, 21-2 hours.

Can be taken in reverse order with easier ascent of Dog.

97 Robinson Mountain from the South—Boat to Man of War Brook, Tug of War Trail on the right to top of Robinson. Over Robinson by Robinson Mountain Trail to the west and, keeping to the left, down to Robinson Road. Robinson Road to Somes Sound at Man of War Brook, 2 1-2 hours.

Can be taken in reverse order with better views and easier ascent of Robinson.

98 Robinson Mountain from the North—Boat to Hall Quarry, Quarry Trail to Robinson Mountain Trail, to the left over Robinson by Robinson Mountain Trail and down Tug of War Trail to Man of War Brook, 2 1-2 hours. Boat to destination.

99 Dog and Robinson Circle—Boat to Man of War Brook; Eagle Cliff Trail, Dog Mountain Trail west and down to Robinson Road, Robinson Mountain Trail to top of Robinson, down Tug of War Trail to Man of War Brook, 3 1-2 hours.

Both Dog and Robinson Trails are easily accessible from the Somesville Road by the Somesville Road Trails or by Robinson Road.

100 Over Robinson to Somesville-Boat to Man of War Brook, Tug of War Trail, Robinson Mountain Trail, Somesville Road Trail to Somesville Road, 1 3-4 hours, and road to Somesville; or branching from Robinson Mountain Trail to the right, by Quarry Trail to Hall Quarry, 2 hours, and road to Somesville.

101 The Grand Tour—Boat to Man of War Brook, Tug of War Trail, Robinson Mountain Trail to Robinson Road, Dog Mountain Trail to top of Dog, Ledge Trail to Echo Lake Trail to Echo Lake and Beech Cliff, Beech Mountain Trail over Beech Mountain to head of Great Pond, Cold Brook trail to Gilley Field, East Peak Trail to East Peak, Razor Back Trail to Great Notch, Moss Trail to Little Notch, Kaighn Trail to Spring Notch, South Face Trail to Mill Field, Western Mountain Road and Cut Off to Southwest Harbor, 6 hours.

# HALF DAY WATER TRIPS

102 Duck Islands. (By boat) This trip should be taken when the sea is smooth. A motor boat takes almost an hour and a half or two hours, landing on the rocky beach in small boat on the north shore of Great Duck. The walk across the island by the path indicated by bounds through the east side of the swamp to the life saving station and light house. It is interesting to take this trip in early July when the young of the sea gulls, which breed here in large numbers, are still very small. On Little Duck Island the sea pigeon breeds, as well as the sea gulls.

103 Bakers Island. (By boat) Landing on the north and crossing past the light house to rocks on further ocean side. Rocks especially interesting; fine surf.

104 Great Cranberry Island. (By boat) Either to Fish Point; or at high tide to head of the Pool; or to Spurting Cove on West End. Rocks from Dead Man Point to Jennys Heath Point are especially fine for surf.

105 Little Cranberry Island and Life Saving Station.

By boat to Hadlock Cove; by road to the beach on south shore, then east to life saving station. Drill once a week—at noon on Tuesdays.

106 Gotts Island. (By boat) It is better to take all day for this trip, taking luncheon. The ordinary motor boats reach the Calico Rock on the east side of the island in about an hour and a quarter, if the sea is smooth and there is not much wind. Land on a rocky beach in small boat. Take a path south through the middle of the island to see the remarkable rocks (owned by private individuals). Returning, take path north to village; the pool and the beach and little fishing hamlet are all interesting and the views are wonderful. If the wind is too high to land on the east side, land in small boat on the northwestern coast in the very poor harbor. This takes about 45 minutes longer.

(From Bar Harbor the time would be two hours longer, by boatl)

Heights of Mountains	on	Mount	Desert	Isle
Green Mountain				1.527
Sargent Mountain				. 1.344
Dry Mountain				1.268
Pemetic Mountain				1.262
Jordan Mountain				1.180
Newport Mountain				1 060
Western J West Peak				1.073
Mountain (East Peak				971
The White Cap				925
Brown Mountain				
TheNorth				
Bubbles South				
Beech Mountain				. 855
McFarland Mountain				
(East				
Triads { North				688
South				600
Young's Mountain				706
Robinson Mountain				700
Dog Mountain				670
Day JNorth				610
Mount'n South				. 460
The Beehive		• • • • • • • • • •		. 540
Great Pond Hill				. 540
Peak of Otter				. 506
Carter's Nubble				480
Interlaken Hill				462
Mt. Keb>				402
Barr Hill				360
Redfield Hill				. 340
Flying Mountain		•••••		. 340
Bald Mountain			•••••	. 250
High Head Mountain			•••••	. 208
Burnt Mountain		•••••		. 208
Mount Gibbon	• • • •			. 175
Otter Cliff				. 112
				. 114

## Mushrooms

Mt. Desert Island is unusually rich in a great variety of mushrooms, especially during the months of August and September. Even a slight knowledge of the more important kinds makes a tramp through the woods vastly more interesting.

For those not already familiar with mushrooms, Miss Marshall's THE MUSHROOM BOOK (Doubleday, Page & Co.) is recommended as a readable and fairly complete text-book

Among the mushrooms most commonly met with in the woods are, unfortunately, the two poisonous amanitas ("destroying angel" and "fly amanita") several varities of russula, and numerous boleti. Very few of those found in the deeper woods of the valleys are worth eating, even when not poisonous; but in less thickly wooded regions, and on some of the outlying islands, one finds the cantharellus, the "orange milk" mushroom, the edible boletus and the hydnum—all of which are edible and delicious. In more open places, especially where sheep have been pastured, the well-known field mushroom is fairly plentiful, while "ink caps" may grow at your very door step.

The above are only hints for the student or epicure either of whom will be well rewarded by including mushrooms among his interests while on the island.

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Those wishing a more complete treatise on this subject, may consult ONE THOUSAND AMERICAN FUNGI by Charles McIlvaine. This is a large book of over 700 pages with numerous colored plates, published in Indianapolis by the Bowen-Merrill Co.

H. A. P.

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